



Chapter 14 Project

► Purpose

In this chapter, you have learned about a variety of psychological disorders. Many of the disorders share similar features or symptoms, while others are significantly different. **The purpose of this project is to explore the complexities of the human condition through application of the knowledge you have gained in this chapter.** You are going to be creating your own version of the DSM-5 to organize the various mental health conditions you have been exposed to in this chapter.

► Directions

For this project, imagine that you are the author of the DSM-5 and have been approached by a psychiatrist's office to create a simplified version of the manual. You will use a word processor, like Microsoft Word, and create a "book." Each page will contain a major disorder category noted in this chapter (i.e., anxiety, mood, etc.) and applicable information pertaining to that category of disorders.

Please use the following template for each class or category:

- 1.** Class or Category
 - A.** Five or more pieces of pertinent information pertaining to the class or category of disorders (i.e., concepts and or ideas)
 - B.** Symptoms common to all disorders within the category
 - C.** Therapy common to all disorders within the category
 - D.** Specific conditions under the class or category of mental health disorders
 - i.** For each condition, list unique symptoms, treatments, and famous people who have suffered from the condition.

FOR EXAMPLE:

- 1.** Anxiety Disorders
 - A.** Fact 1
 - B.** Fact 2
 - C.** Fact 3
 - D.** Fact 4
 - E.** Fact 5

F. Shared Symptoms

- i.** Symptom 1
- ii.** Symptom 2
- iii.** Symptom 3

G. Shared Therapy

- i.** Therapy 1
- ii.** Therapy 2
- iii.** Therapy 3

H. Types of Anxiety Disorders

- i.** Specific Phobia
 - 1.** Symptoms
 - 2.** Treatments
 - 3.** Famous examples
- ii.** Social Anxiety Disorder
 - 1.** Symptoms
 - 2.** Treatments
 - 3.** Famous examples

► Materials

Word processing application, like Microsoft Word

☑ Checklist

- All classes or categories in the chapter are addressed
- Each class or category has:
 - 5 or more facts/examples of pertinent information
 - Symptoms common to all disorders in the category
 - Therapy common to all disorders in the category
 - Specific conditions under this class or category of disorder
- List of symptoms, treatments, and examples of famous people with the disorder