



Chapter 3 Project

► Purpose

As within many areas of psychology, the average person holds both accurate and inaccurate beliefs about consciousness. Of course, as psychological scientists, we determine what we know about any topic through empiricism. **The purpose of this project is to have you explain how a variety of areas of consciousness could have a positive effect in a student's life.**

► Directions

This project has three parts:

- Part 1.** Identify three interesting things you did not previously understand about consciousness but learned in this chapter. For each concept/theory discuss i) how this previous knowledge may have hindered you as a college student, and ii) how accurate knowledge could be beneficial. Be specific and be sure to give in-depth examples.
- Part 2.** Identify three other interesting things from this chapter. For each concept/theory discuss how it could be beneficial to you as a college student. Be specific and be sure to give in-depth examples.
- Part 3.** Using the six concepts/theories you discussed above, write a handwritten letter to an incoming college freshman (e.g., Dear Diego...), providing advice about college success. Your letter will consist of a brief introduction and then six paragraphs, one related to each topic you explored above. Since this incoming freshman has never taken a psychology course, you will need to find a way to explain this content in an accessible and helpful way, all while conveying the importance of science “as a way of knowing” to display mastery.

► Materials

None required.

Checklist

Part 1

- Three interesting things about consciousness
- How not knowing those things could hinder you as a college student
- How understanding those things could benefit you

Part 2

- Three additional interesting things about consciousness
- How understanding these things could be beneficial to you as a college student

Part 3

- Letter to incoming freshman
- Introduction
- One paragraph for each of the topics in parts 1 & 2
- Accessible and helpful advice based on this content